Games and OAA Progression of Skills

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|  | Feet / Football | Hands 1 / Tag Rugby | Hands 2/ Rounders /Cricket | Games for Understanding/ Health and Well-being /OAA/Teamwork/ Hockey |
| EYFS | Ball Skills Feet * Explore and develop moving with a ball using our feet
* Understand dribbling
* Develop dribbling against an opponent
 | Ball Skills Hands 1 * Explore pushing and rolling
* Combine pushing and rolling
 | Ball Skills Hands 2 * Explore throwing overarm and underarm
* Explore rolling, stopping a ball and catching
 | Games for Understanding * Taking turns/keeping the score
* Understanding and playing by the rules
* Avoiding a defender
* Preventing an attacker from scoring
* Applying attacking and defending into a game
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| Y1 | Ball Skills Feet * Develop moving the ball using the feet
* Apply dribbling into games
* Consolidate dribbling
* Explore kicking (passing)
* Apply kicking (passing) to score a point
 | Ball Skills Hands 1 * Introduce sending with control
* Introduce aiming with accuracy
* Introduce power and speed when sending a ball
* Introduce/develop stopping, combining sending skills
* Combine sending and receiving skills
 | Ball Skills Hands 2* Introduce throwing with accuracy
* Apply throwing with accuracy in a team
* Introduce stopping a ball
* Develop sending (rolling) skills to score a point
* Consolidate sending and stopping to win a game
 | Games for Understanding * Understanding the principles of attack/defence
* Applying attacking/ defending principles into a game
* Consolidate attacking/defending

Health and Wellbeing* Introduce and explore agility
* Introduce and explore balance
* Introduce and explore coordination: Bouncing, rolling and throwing

Team Building * Introducing teamwork
* Develop teamwork
* Building trust and developing communication
* Cooperation and communication
* Explore simple strategies
* Problem solving
* Consolidate teamwork
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| Y2 | Ball Skills Feet * Develop dribbling/passing/ receiving, keeping possession
* Combine dribbling, passing and receiving, keeping possession/to score a point
* Apply dribbling, passing and receiving as a team to score a point
 | Ball Skills Hands 1 * Develop passing and receiving
* Combine passing and receiving, keeping possession
* Develop passing and receiving to score a point
* Combine passing and receiving to score a point
 | Ball Skills Hands 2 * Develop underarm throwing
* Apply underarm throwing to win a game
* Apply underarm throwing to beat an opponent
* Introduce overarm throwing
 | Games for Understanding * Attacking/defending as a team
* Understanding the transition between defence and attack
* Create and apply attacking/ defensive tactics

Health and Wellbeing * Consolidate agility
* Consolidate balancing: Explore balancing on apparatus
* Introduce and explore coordination: Dribbling and kicking

Team Building * Introducing teamwork
* Develop teamwork
* Building trust and developing communication
* Cooperation and communication
* Explore simple strategies
* Problem solving: Consolidate teamwork
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| Y3 | Football * Introduce/develop dribbling keeping control
* Introduce passing and receiving
* Combine dribbling and passing to create space
* Develop passing, receiving and dribbling
 | Netball * Introduce passing, receiving and creating space
* Develop/combine passing and moving
* Combine/develop passing and shooting
 | Rounders * Introduce to rounders
* Introduce overarm throwing
* Apply overarm and underarm throwing
* Introduce stopping the ball
* Application of stopping the ball in a game
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| Y4 |  | Tag Rugby * Develop passing, moving and creating space
* Apply learning to 3v3 mini games
* Develop defending in game situations
* Combine passing and moving to create an attack and score

Basketball * Refine dribbling
* Refine passing and receiving
* Refine passing and dribbling creating space
* Refine passing and dribbling creating shooting opportunities
* Introduce marking
 | Cricket * Develop an understanding of batting and fielding Introduce bowling underarm
* Develop stopping and returning the ball

retrieving and returning the ball Striking the ball at different angles and speeds | Hockey * Refine dribbling and passing
* Develop shooting; combine passing and dribbling to create shooting opportunities
* Develop passing and dribbling creating space for attacking opportunities
* Introduce defending; blocking and tackling
* Problem Solving Benches and mats challenge
* Round the clock card challenge
* The pen challenge
* The river rope challenge
* Caving challenges
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| Y5 | Football * Refine dribbling and passing to maintain possession
* Introduce and develop defending
* Develop shooting
* Refine attacking skills, passing, dribbling and shooting, introduce officiating
 | Netball * Refine passing and receiving
* Apply passing, footwork and shooting into mini games, introduce officiating
* Introduce defending
* Explore the function of other passing styles
 | Rounders * Develop fielding tactics maximising players
* Understand what happens if the batter misses the ball
* Refine fielding tactics, which players where?
* Applying tactics in mini games
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| Y6 |  | Tag Rugby * Consolidate passing and moving
* Consolidate defending
* Create, understand and apply attacking/defending tactics in game situations
* Consolidate attacking and defending in mini games

Basketball * Consolidate keeping possession, develop officiating
* Consolidate defending
* Create, understand and apply attacking tactics in game situations
* Create, understand and apply defending tactics in game situations
 | Cricket* Consolidate batting/ fielding/bowling Create, understand and apply attacking/defensive tactics in game
 | Hockey * Consolidate keeping possession, develop officiating
* Consolidate defending
* Create, understand and apply attacking/defending tactics in game situations

Leadership * Understanding what makes an effective leader
* Communicating as a leader
* Introducing the STEP principle: Space, Task, Equipment and People
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